



5 Kitchen Garden

What we eat comes mainly from plants. Plants and trees give us a lot of things that we consume.

Match the food items with the plants they are taken from.

Do You Know?
We eat different parts of different plants like roots (carrot), fruits (mango), leaves (mint) and flowers (cauliflower).



1 Cornflakes



2 Ketchup



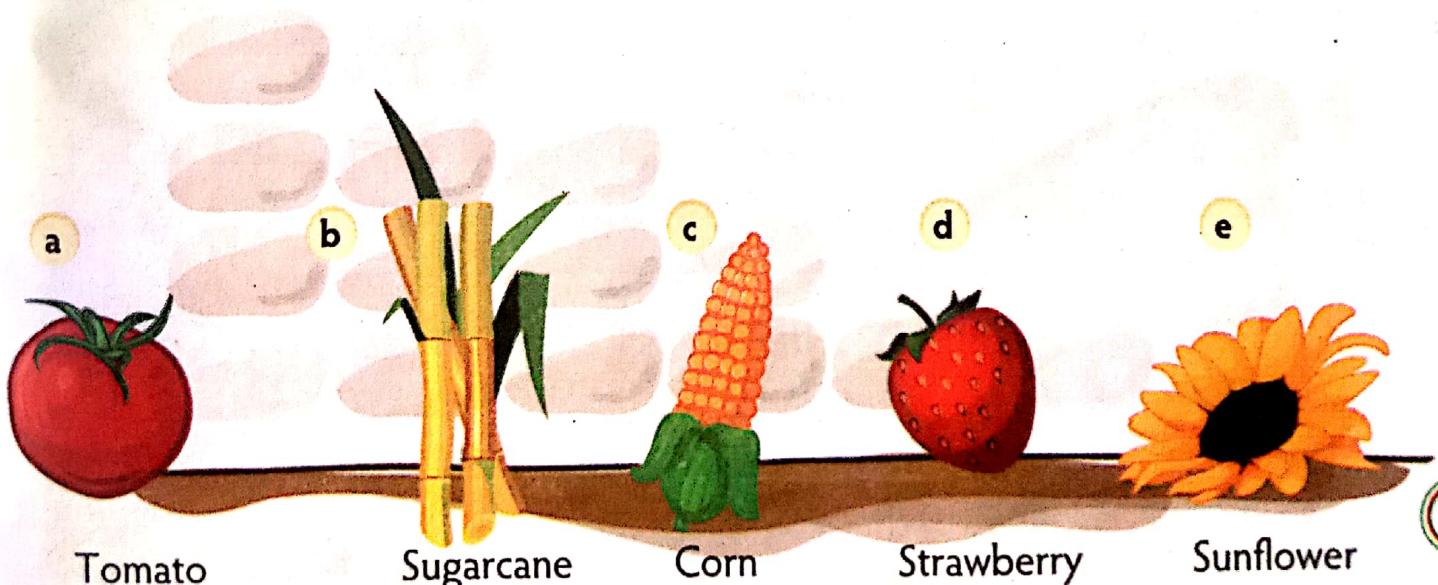
3 Sugar



4 Oil



5 Jam



a Tomato

b Sugarcane

c Corn

d Strawberry

e Sunflower



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Useful Shrubs

Shrubs are plants with medium height that have hard and woody stems. You can see many branches emerging from the bottom in a shrub.

Match the pictures of these shrubs with their names.

Do You Know?
Hibiscus is used to make natural food colours.



- a. Rose
- b. Cotton
- c. Henna
- d. Pomegranate
- e. Tea
- f. Jasmine
- g. Bougainvillea
- h. Hibiscus

